

January 2019



551 S. Garfield Avenue Suite B
Traverse City, MI 49686
P: 922.0110

Sunday	Monday 7:30-10:30 2:30-6	Tuesday 7:30-10:30	Wednesday 7:30-10:30 2:30-6	Thursday 7:30-10:30 2:30-6	Friday 7:30-10:30	Saturday
		1 CLOSED	2	3	4	5 
6	7 Creating You 6:30 pm	8 	9	10	11	12 Happy Birthday, Lauren!
13	14 Detoxifying You 6:30 pm	15	16	17 OPEN 7:30 – 9 AM, CLOSED IN PM	18 CLOSED FOR TEAM TRAINING	19
20	21	22	23 	24 W.O.W. Kickoff! "Mind My Own Business" 6:45 – 8:45 pm	25 Happy Birthday, Dr. Don!	26 
27 	28	29	30	31 Creating You 6:30 pm		

Ladies... Mark your calendar! We're kicking off our monthly W.O.W. gatherings on January 24th!

W.O.W. is for all women, so invite your friends to join you.

Register through our Facebook page (Performance Chiropractic) or on our website – www.performancechirointc.com.

Space is limited, so make sure to purchase your ticket right away!

LADIES, YOU'RE INVITED TO OUR

W.O.W. KICKOFF

"MIND MY OWN BUSINESS"
- learning to practice mindfulness and vision cast your best life -
Cost: \$15 (includes mindfulness journal)

PERFORMANCE CHIROPRACTIC - 551 S. GARFIELD AVE., STE. B